

Ramapo Indian Hills Regional High School District
Senior Option II – Student Application

(Due by the first Friday in June for Summer, Fall, and Full Year programs, and the first Friday of Dec for Spring)

I. General Information

Name _____

Area Requested (Check One): On-Campus College Distance Learning (Online)
(see Page 2 for descriptions) *(please complete Page 3 for On-Campus or Distance Learning Courses)*

Wellness and Mindfulness Structured Learning Experience (Unpaid Career Internship)
(see Page 4 for description and complete) Community Action (Volunteer Local Agencies)

Specific Program of Study: _____

Place: _____

Days / Times: _____

Name of Supervisor/Sponsor: _____

Duration: Full Year Fall Semester Spring Semester Summer

II. Essay – To be considered for this Senior Option II Program, you must answer the following questions in essay form:

1. Describe the program you wish to pursue and state the specific personal goals you hope to have achieved upon completion of this program.
2. What personal characteristics do you possess that make you believe that this program is appropriate for you?
3. How does this program fit into your future plans?

III. Personal Information – See your guidance counselor for the following information and signature:

_____ Present GPA _____ Number of absences this year

_____ Credits earned by end of Jr. year _____ Number of tardies this year

_____ Has met NJ High School Graduation Assessment Requirements in ELA **and** Math (Y/N)

_____ Is this Option II part of a Pathway (Y/N)? If so, which one? _____

Guidance Counselor Signature: _____ Date: _____

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____

I understand that my son/daughter is applying for an Option II program during the senior year.

Subject Supervisor Signature: _____ Date: _____

Principal Signature: _____ Date: _____

Central Office Use, Only

Director of Curriculum and Instruction: _____

Director of Student Personnel Services: _____

Approved Denied Approx. # of Hours: _____ # of Credits: _____

Ramapo Indian Hills Regional High School District
Option II Programs

(See Page 4 for Wellness and Mindfulness Option II Program)

- Prior administrative approval by the Department Supervisor, Principal, and both the District Director of Curriculum, and the District Director of Student Personnel Services must be obtained before enrolling in any Option II Program.
- Parents are responsible for the safety, insurance, and conduct of the student while traveling to / from and participating in Option II Programs.
- Any cost incurred as a result of an Option II Program will be the responsibility of the parent / guardian. The Board of Education will not assume any responsibility for any fees associated with this program.

On-Campus College Courses	Letter grade awarded. Credits count toward graduation requirements. Not included in GPA.	Partnership to Provide College Courses Grade 12 students may enroll in college, technical or business courses for both college and high school credit in courses not offered at the high school with the exception of Financial Literacy (summer, only) . All fees for college credits and any necessary transportation arrangements are the responsibility of the student and his/her family. Students may earn a maximum of 5 high school credits during each term (summer, fall, and spring). Students may not exceed 40 credits during the academic (Sept - June) school year.
Distance Learning Programs	Letter grade awarded. Credits count toward graduation requirements. Not included in GPA.	Online Courses An option for earning course credit via online courses from an accredited college/university. Grade 12 students may receive credit in courses approved by department supervisors in courses not offered at the high school with the exception of Financial Literacy (summer, only) . Students may earn a maximum of 5 high school credits during each term (summer, fall, and spring). Students may not exceed 40 credits during the academic (Sept - June) school year.
Structured Learning Experiences	Pass (P) or Fail (F) grade awarded. Credits count toward graduation requirements. Not included in GPA.	Workplace Training, Apprenticeships, Internships Grade 12 students may earn up to 5 credits through an approved structured learning experience in an area of career interest. To be eligible for a structured learning experience the student must be on track for meeting graduation requirements. In addition to the timelines below, students are required to maintain and submit a portfolio/journal in order to demonstrate that they have met the goals and objectives of the experience.
Community Action Program	Pass (P) or Fail (F) grade awarded. Credits count toward graduation requirements. Not included in GPA.	Community Service Students may volunteer (without any monetary compensation) outside of their scheduled day in elementary schools, preschool programs, health/safety related fields, or the community and receive credit. For every 27.5 hours of service, students will earn one credit. A maximum of 5 credits will be applied to graduation requirements.

All of the above programs should follow the respective timelines below (Full-Year, Fall Semester, and Spring Semester). These documents should be submitted to your Guidance Counselor.

Full Year	Fall Semester	Spring Semester
Mid Year – 1 st Monday of Feb. (Student Experience Summary)	Mid Semester – Last Monday of October	Mid Semester – 3 rd Monday of March
Final Year – 1 st Monday of June (Student Experience Summary)	Final Semester – 2 nd Monday of Dec. (Student Experience Summary)	Final Semester – 1 st Monday of June (Student Experience Summary)
Summer - One mid-program date and one end-of-program date, TBD with Guidance Office.		

Ramapo Indian Hills Regional High School District
REQUEST OPTION II PROGRAM – On-Campus College Courses and Distance Learning Programs, Only
Option II Programs

(See Page 4 for Wellness and Mindfulness Option II Program)

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- Parents are responsible for the safety, insurance, and conduct of the student while traveling to / from and participating in all Option II Programs.
- Any cost incurred as a result of an Option II Program will be the responsibility of the parent / guardian. The Board of Education will not assume any responsibility for any fees associated with this program.

Date of Application _____ Grade _____ Counselor _____

Name _____

(Please print)

Last Name

First Name

Option II Program	Grade/Credit	Description
On-Campus College Courses	Letter grade awarded. Credits count toward graduation requirements. Not included in GPA.	Partnership to Provide College Courses Grade 12 students may enroll in college, technical or business courses for both college and high school credit in <i>courses not offered</i> at the high school <i>with the exception of Financial Literacy (summer, only)</i> . All fees for college credits and any necessary transportation arrangements are the responsibility of the student and his/her family. Students may earn a maximum of 5 high school credits during each term (summer, fall, and spring). Students may not exceed 40 credits during the academic (Sept - June) school year.
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Required information:

*Name of Course _____ *Number of credits awarded _____

School / Course Information: A copy of the course description, syllabus and/or curriculum, and course hours (seat time) must be attached with this application for approval. Not including this information will result in an incomplete application and will delay the approval process.

Criteria for Course Credit: The student must attend and successfully complete the appropriate program requirements in order to receive credit. Credit will be awarded upon verification of attendance and a passing grade indicated by an official transcript from the college/university.

Parent Signature _____ Date _____

Student Signature _____ Date _____

Ramapo Indian Hills Regional High School District
Fundamentals in Wellness and Mindfulness Option II Program

Date of Application _____ Counselor _____

Name _____
(Please print) Last Name First Name

Semester Preference (check one):

- Fall Semester (MP 1 and 2) (Spring Semester (MP 3 and 4)

Course Description

The Fundamentals in Wellness and Mindfulness Option 2 Course is a course designed to provide students with insight into how their mind and body are connected, as well as tools to manage this relationship. Classes will introduce, practice, and discuss different wellness and mindfulness practices. Scientific studies, academic articles, and guest speakers will accompany these exercises, to deepen the understanding of the connection between health and academic achievement. The goal of the course is for students to acquire a tailored set of skills to handle stress, manage time, and improve focus for greater success in school and life. **2.5 Credit Maximum, 24 Student Maximum**

Course Logistics and Expectations

The course will have one day of required attendance for face-to-face instruction with the assigned teacher and enrolled students. The student will have either late arrival or early dismissal for the other four school days. The day of the week will be determined and noted on the student's final schedule. Historically, classes were held on Mondays and Wednesdays during 1st and 9th period.

I understand that my son/daughter is applying for the Senior Option 2 course, Fundamentals in Wellness and Mindfulness.

Signature of Student: _____ Date _____

Signature of Parent: _____ Date _____

Please return the completed form to your school counselor.