



Face Covering Requirements

1 message

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Reply-To: Ramapo Indian Hills High School <noreply@rih.org>

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Ramapo Indian Hills Regional H.S. District

Face Covering Requirements

Dear Parents and Guardians,

As per the Centers for Disease Control and Prevention [CDC](#), wearing a face covering is an additional step we can take to protect ourselves and others and a measure to help slow the spread of COVID-19. Therefore, when school opens for in-person instruction all staff and students are required to wear face coverings at all times in our buildings and while using school district transportation, unless doing so would inhibit the individual's health. Please review the following face covering requirements, as developed by our Health & Safety committee:

Face Covering Requirements

- Face coverings should be a snug fit and sit comfortably against the side of the face.
- Cloth face coverings are permitted; however, multiple layers of fabric or 3-ply cloth face coverings are preferred.
- KN95 or N95 masks are permitted.
- Surgical masks are permitted.
- Bandanas are not permitted.
- Gator Masks (neck gaiters) are not permitted.
- Masks with Exhalation Valves or Vents are not permitted
- In addition to a face covering, a face shield may be worn for extra protection.
- The CDC does not recommend use of face shields for normal everyday activities as a substitute for cloth face coverings. Reusable face shields should be cleaned and disinfected after each use.

Students should carry at least one extra labeled cloth face covering with them daily to ensure that they have a replacement if one becomes wet or dirty while they are in school. If a student forgets his or her face covering, the District will have a supply of disposable face coverings available.

For more information on face coverings, please see the [CDC Guidelines: Use of Masks to Help Slow the Spread of COVID-19](#) We also recommend the following video from the CDC on face coverings: [Prevent COVID-19: Wear a Cloth Face Covering](#)

With regard to recent travel and the upcoming school year, please review the guidelines below from the New Jersey Department of Health. If your child is traveling to or returning to New Jersey from states with increasing rates of COVID-19, he or she is required to self-quarantine for 14 days. This includes travel by train, bus, car, plane and any other method of transportation.

- If you have traveled to or returned to New Jersey from states with increasing rates of COVID-19, you are advised to self-quarantine for 14 days. [New Jersey COVID-19 Travel Advisory](#)
- There is widespread, ongoing transmission of novel coronavirus worldwide (see [Global COVID-19 Pandemic Notice](#)). If you have traveled internationally in the past 14 days, stay home and monitor your health.
- Students who return from identified travel advisory states on September 10th or later will be required to self-quarantine and are not permitted to attend in-person instruction on September 24th.

Please contact building principals and school nurses directly if these travel guidelines apply to your child.

Travis Smith

Principal

Ramapo High School

Gregory Vacca

Principal

Indian Hills High School

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